GO FURTHER WITH FOOD FOR NATIONAL NUTRITION MONTH

Satellite Conference and Live Webcast

Wednesday, March 14, 2018, 12:00-1:00 p.m. (Central Time)

1:00-2:00 p.m. (Eastern) -11:00 a.m.-12:00 p.m. (Mountain) -10:00-11:00 a.m. (Pacific)

National Nutrition Month is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses on the importance of making informed food choices and developing sound eating and physical activity habits. "Go Further with Food" is the theme for 2018, and its importance is timely for many reasons. Whether it's starting the day off right with a healthy breakfast or fueling before an athletic event, the foods you choose can make a difference. Preparing foods to go further at home and within the community can have a positive impact, as well.

FACILITY:

Andrea Carter MS, RD

Farm to School Program Assistant Alabama Department of Agriculture and Industries

Janie C. Clay MSPH, RD, LD

Assistant Nutrition Director Nutrition Services - Division of WIC Bureau of Family Health Services Alabama Department of Public Health

PROGRAM OBJECTIVES:

- 1. Highlight the Montgomery District Dietetic Association.
- 2. Highlight National Nutrition Month.
- 3. Provide perspectives and tips from two Registered Dietitians on how to Go Further with Food.

CONFFRENCE DETAILS:

Target Audience: General Public

Continuing Education: None for this program **Registration:** www.alabamapublichealth.gov/alphtn

Technical Information: To receive complete technical information you must register at www.alabamapublichealth.gov/alphtn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the

"test connection link" at www.alabamapublichealth.gov/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us



